## JANUARY

### WHAT'S IN SEASON THIS MONTH?

Look for local spaghetti squash, butternut squash, local carrots, and beets in our January meals.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
4	5 Cheese Pizza	All Beef Hot Dog w/ BBQ Beans Cheese Ravioli w/ Garlic Bread	7 Chicken Strips with Dipping Sauce & Garlic Bread Veggie Burrito - Smothered	Chicken Nachos with Cheese Bean Nachos with Cheese
11	12 Crispy Chicken Sandwich Cheese Pizza	13 Chicken Tinga Taco Grilled Cheese Sandwich	Hamburger & Cheeseburger Veggie Chili Cheese Fries	15 Chicken Nachos Plant Forward Nachos w/ Fresh Pico de Gallo
18	19 Chicken Strips w/ Dipping Sauce & Garlic Bread Macaroni & Cheese	20 Hamburger & Cheeseburger Veggie Chili Cheese Fries w/ Tortilla	Potatoes, Gravy & Garlic Bread Cheese Ravioli w/ Garlic Bread	22 Crispy Chicken Sandwich Cheese Pizza
25	26 Beef Nachos with Cheese Sauce Bean Nachos with Cheese Sauce	All Beef Hot Dog Chickpea Masala with Flatbread	28 French Toast Casserole w/ Turkey Sausage & Berry Sauce Spaghetti Marinara & Cheese	29 BBQ Pulled Pork Sandwich Plant Forward Nachos GF with Fresh Pico de Gallo GF



Artwork by Nederland Middle/Senior High School student

#### **Local farmer partner:**





All meals come with 1% milk as well as a rotating selection of fresh vegetables & fruits

This institution is an equal opportunity provider

# FEBRUARY

### WHAT'S IN SEASON THIS MONTH?

Look for local spaghetti squash, butternut squash, carrots, cabbage and beets in our February meals.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1	2 Chicken Strips w/ Dipping Sauce & Garlic Bread Toasted Cheese Sandwich and Soup	Hamburger & Cheeseburger Plant Forward Pasta Bolognese	Roast Turkey Dinner w/ Mashed Potatoes, Gravy & Roll Cheese Ravioli w/ Garlic Bread	5 Meatball Sub Cheese Pizza
8	9 Beef Nachos with Cheese Sauce Bean Nachos with Cheese Sauce	10 All Beef Hot Dog Justin & Hosea's Veggie Enchiladas	11 Oven Roast Chicken w/ Mashed Potatoes and Roll Cheese Calzone	12
15	16 Chicken Strips w/ Dipping Sauce & Garlic Bread Pasta Alfredo w/ Garlic Bread	17 Hamburger & Cheeseburger Falafel & Hummus Flatbread w/ Creamy Cucumbers	French Toast Casserole w/ Turkey Sausage & Berry Sauce Plant Forward Nachos w/ Fresh Pico de Gallo	19 Toasted Cheese Sandwich w/ Tomato Soup Cheese Pizza
22	Beef Nachos w/ Cheese Sauce Bean Nachos w/ Cheese Sauce	All Beef Hot Dog Fireside Broccoli Cheese Stuffed Potato with Biscuit	25 Oven Fried Chicken Dinner w/ Mashed Potatoes, Gravy & Roll Veggie Burrito - Smothered	26 BBQ Pulled Pork Sandwich Pasta Alfredo with Garlic Bread



Artwork by Louisville Elementary School student

#### **Local farmer partner:**



