# MARCH

### WHAT'S IN SEASON THIS MONTH?

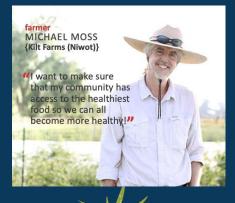
Look for local winter squash, carrots, cabbage and beets in our March meals.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1	2 Chicken Strips w/ Dipping Sauce & Garlic Bread Macaroni & Cheese Roasted Butternut Squash Soup	Hamburger & Cheeseburger Veggie Chili Cheese Fries GF w/ Tortilla Crispy Chicken Sandwich	Roast Turkey <sup>GF</sup> Dinner w/ Mashed Potatoes <sup>GF</sup> , Gravy & Dinner Roll Cheese Ravioli w/ Dinner Roll	5 Crispy Chicken Sandwich Cheese Pizza Macaroni & Cheese w/ Dinner Roll
8	9 Beef Nachos <sup>GF</sup> with Cheese Sauce Bean Nachos <sup>GF</sup> with Cheese Sauce	All Beef Hot Dog Chickpea Masala <sup>GF</sup> with Flatbread French Toast Casserole w/ Turkey Sausage & Berry Sauce	11 French Toast Casserole w/ Turkey Sausage & Berry Sauce Spaghetti Marinara & Cheese	BBQ Pulled Pork <sup>GF</sup> Sandwich Plant Forward Nachos <sup>GF</sup> with Pico de Gallo <sup>GF</sup> Beef Nachos <sup>GF</sup> with Cheese Sauce
15	Chicken Strips w/ Dipping Sauce & Garlic Bread Toasted Cheese Sandwich (GF avail) and Soup	17 Hamburger & Cheeseburger Plant Forward Pasta Bolognese <sup>GF</sup> Cheese Pizza		19 Meatball Sub Cheese Pizza Hamburger & Cheeseburger
22	23 Spring Break	<b>24</b> Spring Break	25 Spring Break	26 Spring Break
29	30 All Beef Hot Dog Justin & Hosea's Veggie Enchiladas	31 Beef Nachos With Cheese Sauce Bean Nachos GF with Cheese Sauce	Oven Roast Chicken <sup>GF</sup> w/ Mashed Potatoes <sup>GF</sup> and Roll Cheese Calzone	2 Chicken & Waffles Green Chile & Cheese Tamales with Refried Beans



Artwork by Lana Straw, a student at Sanchez Elementary School

### **Local farmer partner:**





# APRIL

# WHAT'S IN SEASON THIS MONTH?

Look for regional grains and root vegetables on this month's menu.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	
			1 Oven Roast Chicken <sup>GF</sup> w/ Mashed Potatoes <sup>GF</sup> and Roll Cheese Calzone	2 Chicken & Waffles Green Chile & Cheese Tamales with Refried Beans	
	6 Chicken Strips w/ Dipping Sauce & Garlic Bread Pasta Alfredo w/ Garlic Bread	7 Hamburger & Cheeseburger Falafel & Hummus Flatbread w/ Creamy Cucumbers Potstickers and Fried Rice	French Toast Casserole  W/ Turkey Sausage, Berry Sauce Plant Forward Nachos GF w/ Pico de Gallo Quinoa Tabouli	9 Toasted Cheese Sandwich (GF avail) Cheese Pizza Tomato Bisque Soup	
	Beef Nachos <sup>GF</sup> w/ Cheese Sauce Bean Nachos GF w/ Cheese Sauce	14 All Beef Hot Dog <sup>GF</sup> Fireside Broccoli Cheese Stuffed Potato with Garlic Bread	15 Oven Fried Chicken Dinner w/ Mashed Potatoes <sup>GF</sup> , Gravy & Roll Veggie Burrito - Smothered		Artwork by Sara Marquez, a student at Eldorado PK8 School  Local farmer partner:
	20 Chicken Strips w/ Dipping Sauce & Garlic Bread Macaroni & Cheese	21 Hamburger & Cheeseburger Veggie Chili Cheese Fries GF w/ Tortilla Fish tacos with baja slaw and tomatillo salsa	Roast Turkey <sup>GF</sup> Dinner w/ Mashed Potatoes <sup>GF</sup> , Gravy Dinner Roll Cheese Ravioli w/ Dinner Roll		HOFFMAN FARMS
	27 Beef Nachos <sup>GF</sup> w/ Cheese Sauce Bean Nachos <sup>GF</sup> w/ Cheese Sauce Strawberry Salsa	28 All Beef Hot Dog Chickpea Masala <sup>GF</sup> with Flatbread	29 French Toast Casserole w/ Turkey Sausage & Berry Sauce Spaghetti Marinara & Cheese	Nachos <sup>GF</sup> w/ Fresh	
				Healthy Dessert: Frame Rice Pudding w/ Strawberry Sauce	SCHOOL FOOD PROJECT  BOULDER VALLEY

SCHOOL DISTRICT



# WHAT'S IN SEASON THIS MONTH?

Look for local greens, radishes and grains this month.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	Chicken Strips w/ Dipping Sauce & Garlic Bread Toasted Cheese Sandwich (GF avail) and Soup	5 Hamburger & Cheeseburger Plant Forward Pasta Bolognese GF	Roast Turkey <sup>GF</sup> Dinner w/ Mashed Potatoes <sup>GF</sup> , Gravy & Roll Cheese Ravioli w/ Dinner Roll	7 Meatball Sub Cheese Pizza
	11 Beef Nachos <sup>GF</sup> with Cheese Sauce Bean Nachos GF with Cheese Sauce	12 All Beef Hot Dog Justin & Hosea's Veggie Enchiladas	Oven Roast Chicken <sup>GF</sup> w/ Mashed Potatoes <sup>GF</sup> and Roll Cheese Calzone	14 Chicken & Waffles Green Chile & Cheese Tamales with Refried Beans
	18 Chicken Strips w/ Dipping Sauce & Garlic Bread Pasta Alfredo w/ Garlic Bread	Hamburger & Cheeseburger Falafel & Hummus Flatbread w/ Creamy Cucumbers Potstickers and Fried Rice	Prench Toast Cassero w/ Turkey Sausage, Berry Sauce Plant Forward Nachos GF w/ Pico de Gallo	Cheese Pizza
	25 Beef Nachos GF w/ Cheese Sauce Bean Nachos GF w/ Cheese Sauce	26 All Beef Hot Dog <sup>GF</sup> Fireside Broccoli Cheese Stuffed Potato with Garlic Bread	27 Oven Fried Chicken Dinner w/ Mashed Potatoes <sup>GF</sup> , Gravy & Roll Veggie Burrito - Smothered	28



Artwork by Eva Kembel, a student at University Hill Elementary School

#### **Local farmer partner:**

